

New Patient Reminder Sheet

Please bring all of the following items with you to your first therapy appointment:

- Completed patient forms as instructed
- Insurance Card
- Government-issued photo ID (like a driver's license or state ID)
- Physician's referral—if applicable and/or necessary
- Most recent lab or diagnostic reports
- List of current medications and allergies
- Loose, comfortable clothing that allows access to the injured area
- Closed-toe athletic shoes
- Family member or friend to provide comfort or support if the patient is nervous or needs assistance
- For those patients who are under 18 years of age a parent or legal guardian must accompany patient for their initial evaluation